

FRAMLINGHAM MEDICAL PRACTICE

Swine Flu news – 8th June 2009

The facts

As the number of cases of swine influenza A/H1N1 increases more people are likely to contact the surgery concerned that they might contracted have it.

Region where sample was tested *	Confirmed <u>new</u> cases for June 07 2009	<u>Total confirmed cases as at June 07 2009</u>
East of England	1	43
East Midlands	1	11
London	7	121
North East	-	2
North West	3	18
South East	2	68
South West	-	13
West Midlands	1	116
Yorkshire & Humber	-	5
TOTAL ENGLAND	15	397
Northern Ireland	-	4
Scotland	-	154
Wales	-	2
TOTAL UK	15	557

Could I have caught Swine Flu?

The **most likely** sources of infection are **from travel in an affected area** or from having had **contact with a potentially infectious, confirmed or possible case** in the 7 days before the onset of their own symptoms

If anxious look out for:

The onset of symptoms within 7 days of visiting an area where sustained human to human transmission of swine influenza A/H1N1 is occurring (i.e. Mexico & North America)

OR

The onset of symptoms within 7 days of close contact with a probable or confirmed case of swine flu.

If you become ill on holiday or on your return and have visited a country affected by swine flu and feel unwell with flu-like symptoms within 7 days of your return - **stay at home** and **telephone your GP OR NHS Direct on 0845 4647**.

If you have **no** history of travel **OR** contact with a potentially infectious probable or confirmed case in the 7 days before the onset of any symptoms it is **HIGHLY UNLIKELY** to be Swine Flu.